| **Mudiadau mewn partneriaeth****Organisations in partnership** | **Awdurdod Lleol****Local Authority** | **Swm y grant****Grant amount** | **Crynodeb o'r prosiect:** | **Project summary:** |
| --- | --- | --- | --- | --- |
| African Community Centre in Swansea partnered with Race Council Cymru, Chinese in Wales Association, Congolese Development Project, City of Sanctuary, Discovery, Iberian and Latin American Association, Glyn Vivian Art Gallery, Park Lives, British Army and Welsh Association of Practitioners of African and Caribbean Origin | AbertaweSwansea | £617,063 | Bydd y prosiect partneriaeth a arweinir gan y Ganolfan Gymunedol Affricanaidd yn targedu pobl ifanc 11 i 25 oed ar draws Sir Abertawe. Bydd y cam datblygu, dros un flwyddyn, yn gweithio â phobl ifanc 11 i 25 oed o gefndiroedd ethnig lleiafrifol gan gynnwys ceiswyr lloches a ffoaduriaid. Byddant yn cynnwys materion fel y cyfnod pontio o’r ysgol uwchradd i addysg uwch, y Brifysgol neu gyflogaeth. Bydd y cyfranogwyr hŷn yn mentora’r rhai iau gan roi profiad a sgiliau iddynt. Bydd y bartneriaeth amrywiol yn gweithio ar y cyd â phobl ifanc i gryfhau a gwella’r cyfleoedd ar gyfer gwytnwch ac iechyd meddwl gwell. | The African Community Centre led partnership project will target 11 to 25 year olds across the County of Swansea. The development phase, over one year, will work with 11-25 year olds from ethnic minority backgrounds including asylum seekers and refugees. They will include issues such as the transition from primary to secondary school, and then the transition from secondary school to higher education, university or employment. The older participants will mentor the younger ones giving them experience and skills. The diverse partnership will work alongside young people to both strengthen and improve the opportunities for improved resilience and mental health. |
| Barnardo’s Cymru in North Wales partnered with Betsi Cadwaladr University Health Board CAMHS, GISDA, Gwynedd Youth Service, Y Bartneriaeth Awyr Agored / The Outdoor Partnership and Ynys Môn Youth Service | Gwyneddac Ynys MônGwynedd and Isle of Anglesey | £1,419,281 | Bydd y prosiect partneriaeth a arweinir gan Barnardo’s Cymru’n cyd-gynhyrchu datrysiadau gan arwain at ddyfodol mwy gwydn ac iach yn feddyliol i bobl ifanc 11 i 25 oed yng Ngwynedd ac Ynys Môn. Bydd y cam datblygu’n cynnwys pobl ifanc â phrofiad bywyd o iechyd meddwl gwael, y rhai hynny sy’n cael trafferth â’u hiechyd meddwl neu’r rhai hynny â lefelau isel o wytnwch ac yn eu grymuso i gynnal iechyd meddwl cadarnhaol. Bydd y bartneriaeth yn gweithio’n hyblyg i ymgysylltu a grymuso’r gymuned trwy weithgareddau amrywiol i gyd-ddylunio theori o newid. Bydd y rhaglen yn creu pum swydd newydd yn benodol i bobl ifanc, ac yn hyfforddi wyth Arweinydd Ifanc. | The Barnardo’s Cymru led partnership project will co-produce solutions leading to a more resilient and mentally healthy future for young people aged 11-25 in Gwynedd and Anglesey. The development phase will involve and empower young people with lived experience of poor mental health, those who struggle with their mental health or those with low levels of resilience to maintain positive mental health. The partnership will work flexibly to engage and empower the community through various activities to co-design a theory of change. The programme will create five new staff posts specifically for young people, and train eight Young Leaders. |
| Merthyr Tydfil County Borough Council will work with the Youth Mayor and Deputy Youth Mayor of Merthyr Tydfil, Merthyr Tydfil Borough Wide Youth Forum, Voluntary Action Merthyr Tydfil (VAMT), Barnardos Cymru, Safer Merthyr Tydfil, and Stephens and George Charity | Merthyr Tydfil / Merthyr Tudful  | £1,269,285 | Bydd y bartneriaeth a arweinir gan Gyngor Bwrdeistref Sirol Merthyr Tudful yn gweithio â phobl ifanc (11-25 oed) sy’n byw yn Sir Merthyr Tudful ac sydd â diddordeb mewn gwella gwasanaethau iechyd meddwl. Yn ystod y cyfnod datblygu, bydd y bartneriaeth yn ymgysylltu ac yn grymuso cymaint o bobl ifanc â phosibl, i’w galluogi i rannu eu profiad byw. Bydd hyn yn helpu datblygu cymorth a gwasanaethau i feithrin gwytnwch a chynnal eu lles meddyliol.Bydd hyn yn dechrau ag arolygon a sesiynau bugeiliol gyda phob ysgol, coleg a chlybiau ieuenctid yn y fwrdeistref. Bydd pobl ifanc yn cael eu grymuso trwy’r cyfnod datblygu (a’r prosiect) trwy ddysgu sgiliau trosglwyddadwy fel cyfranogiad, hwyluso, diogelu plant, siarad cyhoeddus, cyflwyno, cynllunio cyllideb a chynllunio prosiectau. | The Merthyr Tydfil County Borough Council led partnership will work with young people (aged 11-25), living in Merthyr Tydfil County who are interested in improving mental health services. During the development period the partnership will engage and empower as many young people as possible, to enable them to share their lived experience. This will help develop support and services to build resilience and maintain their mental wellbeing.This will begin with surveys and pastoral sessions with all schools, colleges, and youth clubs in the borough. Young people will be empowered through the development period (and project) by learning transferable skills such as participation, facilitation, child protection, public speaking, presentation, budget planning, and project planning.  |
| Cardigan Youth Project in partnership with Ceredigion Association of Voluntary Organisations, Aberystwyth University, Ray Ceredigion, Calon Tysul, Aberystwyth Basketball, Borth Community Hub, Mind Aberystwyth, Stage Goat Theatre Company CIC, Girlguiding Ceredigion, Love Life Projects CIC, Small World Theatre and Ceredigion County Council’s Youth Service | Ceredigion and West Wales / Gorllewin Cymru | £1,226,800 | Mae Prosiect Ieuenctid Ceredigion yn arwain y bartneriaeth a fydd yn adeiladu ar eu hymgynghoriad i gyd-gynhyrchu â phobl ifanc ledled Ceredigion a Gorllewin Cymru. Yn ystod y cyfnod datblygu, bydd pobl ifanc yn pennu’r ystod oedran, sut fydd y prosiect yn edrych ac ar gyfer pwy fydd y prosiect. Bydd Partneriaeth Ceredigion yn darparu cyfleoedd i’r bobl ifanc fynegi eu hunain, gan lywio cyfeiriad y prosiect a chyd-gynhyrchu gweithgareddau yn y dyfodol i wella gwytnwch ac iechyd meddwl pobl ifanc ar draws Ceredigion. | The Cardigan Youth Project lead the partnership which will build on their consultation to co-produce with young people across Ceredigion and West Wales. During the development phase, young people will determine the age range, what the project will look like and who it’s aimed at. The Ceredigion Partnership will provide opportunities for the young people to express themselves; shaping the direction of the project and co-producing future activities to improve the resilience and mental health of young people across Ceredigion as a whole. |
| Oasis Cardiff partnered with Cardiff and Vale University Local Health Board (CAVULHB) and Tros Gynnal Plant (TGP) | Caerdydd Cardiff  | £1,269,285 | Bydd y bartneriaeth a arweinir gan Oasis yn gweithio â phobl ifanc 16 – 30 oed o gefndiroedd a diwylliannau amrywiol sy’n geiswyr lloches a ffoaduriaid yng Nghaerdydd. Bydd llawer ohonynt wedi profi digwyddiadau trawmatig yn eu gwledydd cartref ac yn ystod eu taith i’r DU. Byddant yn cyd-gynhyrchu gweithgareddau, creu grŵp llywio ac yn dod o hyd i ddatrysiadau i ddylanwadu newid systemig. Bydd y prosiect hwn yn gwella cydweithrediad â phobl ifanc, gan eu grymuso i godi llais a chymryd cyfrifoldeb dros eu dyfodol.Yn ystod y cyfnod datblygu, bydd y prosiect yn adeiladu ymwybyddiaeth, gan gyrraedd ac ymgysylltu â grwpiau amrywiol o bobl ifanc a sicrhau bod profiad byw pobl yn effeithio ar benderfyniadau. Bydd y bartneriaeth yn creu’r gallu i lywio cymunedau. | The Oasis Cardiff led partnership will work with young people aged 16 – 30, from varied backgrounds and cultures who are asylum seekers and refugees in Cardiff. Many of them will have been subject to traumatic events in their home countries and during their journey to the UK. They will be involved in co-producing activities, create steering groups and finding solutions to influence systemic change. This project will improve collaboration with young people, empowering them to speak out and take responsibility for their own futures.During the development phase, the project will build awareness, reaching and engaging with diverse groups of young people, ensuring their people’s lived experience impacts on decision-making. The partnership will create the ability to shape communities |
| Platfform for Change partnered with Cardiff and Vale University Health Board, Cardiff Council, The Vale of Glamorgan Council, Cardiff Metropolitan University, Cardiff YMCA, Ethnic Youth Support Team (EYST), Llamau Ltd, Pro-Mo Cymru, and iBme UK, | Caerdydd a Bro MorgannwgCardiff and the Vale of Glamorgan  | £1,503,361 | Bydd y bartneriaeth a arweinir gan Platfform for Change yn darparu ar draws Caerdydd a Bro Morgannwg. Bydd y bartneriaeth yn gweithio â phobl ifanc 10 i 25 oed sy’n byw yng Nghaerdydd ac yn profi heriau o ran eu lles emosiynol. Yn ystod y cyfnod datblygu, bydd y bartneriaeth yn ymgysylltu a grymuso pobl ifanc sy’n cyrchu gwasanaethau iechyd meddwl a lles a ddarperir gan y ddau awdurdod lleol, CAMHS, neu mewn sefydliadau cymunedol.Mae’r cyfnod datblygu’n ceisio cynnwys pobl ifanc o amrywiaeth o gefndiroedd, gan gynnwys y rhai hynny o grwpiau sydd wedi’u tangynrychioli, pobl ifanc o wahanol gefndiroedd ethnig, pobl ifanc sy’n hunan-nodi fel anabl neu LHDTC+, y rhai hynny ar incwm isel, â chyfrifoldebau gofalu, neu sydd â nifer o brofiadau niweidiol yn ystod plentyndod.Bydd y bartneriaeth yn defnyddio dull cydweithredol gyda phobl ifanc i ddylunio sut fydd y prosiect yn cael ei ddarparu. Bydd hyn yn dechrau ag ymarfer cwmpasu. Bydd pobl ifanc yn cael eu grymuso trwy’r cyfnod datblygu (ac yn nes ymlaen yn y prosiect) trwy ddysgu sgiliau trosglwyddadwy fel hwyluso, ymchwil, dadansoddi data, cyflwyno, gwerthuso, diogelu, tegwch ac amrywiaeth a chynllunio prosiectau. | The Platfform for Change led partnership will deliver across Cardiff and the Vale of Glamorgan. The partnership will work with young people, aged 10 to 25 living in Cardiff who are experiencing challenges with their emotional wellbeing. During the development period the partnership will engage and empower young people accessing existing mental health and wellbeing services provided by the two local authorities, CAMHS, or in community settings.The development period aims to involve young people from a variety of backgrounds, including those from underrepresented groups including young people from different ethnic backgrounds, young people identifying as disabled, or LGBTQ+, those on low incomes, with caring responsibilities, leaving care, with multiple Adverse Childhood Experiences.The partnership will adopt a collaborative approach with young people to design how the project is delivered, this will begin with a scoping exercise. Young people will be empowered through the development period (and later the project) by learning transferable skills such as facilitation, research, data analysis, presentation, evaluation, safeguarding, equity and diversity, and project planning.  |
| ProMo Cymru Ltd in partnership with Newport Mind, Mind Monmouthshire, Caerphilly Borough Mind, Torfaen and Blaenau Gwent Mind, Newport Youth Service, Monmouthshire Youth Service, Caerphilly Youth Service, Torfaen Youth Service and Blaenau Gwent Youth Service | Gwent | £999,886 | Bydd ProMo Cymru Cyf yn gweithio â phobl ifanc (11-25 oed) ledled Gwent i wella gwasanaethau iechyd meddwl. Yn ystod y cyfnod datblygu, bydd bwriad i weithio’n rhagweithiol â grwpiau nad ydynt yn cael eu clywed yn aml a’r rhai hynny sydd mewn mwy o berygl o ddioddef o salwch meddwl, fel pobl ifanc sy’n profi digartrefedd, pobl sydd â phrofiad o’r system ofal a phobl o gymunedau lleiafrifol.Yn ystod y cam datblygu, bydd y bartneriaeth yn cydweithredu â phobl ifanc i ddylunio cynllun darparu prosiect. Bydd staff, ymchwilwyr cymheiriaid, gwirfoddolwyr ieuenctid a gwerthuswr annibynnol yn cael eu recriwtio. Bydd y cam hwn yn cynnwys hyfforddiant, cynllunio, ymgysylltu, profi syniadau, gwerthuso a dylunio cynllun darparu. Bydd pobl ifanc yn cael eu grymuso ac yn ennill sgiliau trwy gyflogaeth â thâl, cyfleoedd gwirfoddoli a hyfforddiant. | ProMo Cymru Ltd will work with young people (11- 25) across Gwent to improve mental health services. During the development phase there will be an aim to proactively work with groups who are seldom heard and those more at risk of suffering from ill mental health, such as young people experiencing homelessness, those who have experience of the care system, and from minoritised communities.During the development phase, the partnership will work collaboratively with young people to design a project delivery plan. Staff, peer researchers, youth volunteers, an independent evaluator will be recruited. This phase will include training, planning, engagement, testing of ideas, evaluation and design of a delivery plan. Young people will be empowered and gain skills through paid employment, volunteering opportunities and training.  |
| Single Parents Wellbeing CIC partnered with The Mental Health Foundation, Public Health Wales, Heads Above the Waves CIC, and Swansea University | Caerdydd, Casnewydd ac AbertaweCardiff, Newport and Swansea  | £900,472 | Bydd y bartneriaeth a arweinir gan Lesiant Rhieni Sengl CIC yn cyd-gynhyrchu prosiect gyda phobl ifanc 10 i 24 oed mewn cartrefi rhieni sengl. Bydd y prosiect yn cael ei ddarparu yng Nghaerdydd, Casnewydd ac Abertawe yn ogystal ag ar-lein i bobl ledled Cymru. Byddant hefyd yn targedu rhieni ifanc, sengl sydd â diddordeb mewn cynyddu gwytnwch a gwella gwasanaethau iechyd meddwl. Byddant yn casglu barn gan amrywiaeth o blant yn ystod eu cam ymchwilio cymheiriaid.Mae’r cyfnod datblygu’n ceisio cynnwys pobl ifanc o’r gymuned fuddiant hon trwy ddefnyddio dull cydweithredol. Bydd hyn yn dechrau trwy recriwtio grŵp llywio ieuenctid i oruchwylio datblygiad a darpariaeth y prosiect. Bydd pobl ifanc yn cael eu grymuso trwy’r cyfnod datblygu (a’r prosiect) trwy ddysgu sgiliau trosglwyddadwy fel arweinyddiaeth, ymchwil cymheiriaid a hwyluso.  | Single Parents Wellbeing CIC led partnership will coproduce a project with young people aged 10 to 24 in single parent households. The project will be delivered in Cardiff, Newport and Swansea plus online to people across Wales. They will also target young, single parents who have an interest in increasing resilience and improving mental health services. They will gather opinions from a range of children during their peer research phase.The development period aims to involve young people from this community of interest by adopting a collaborative approach. This will begin with recruitment of a youth steering group to oversee the project development and delivery. Young people will be empowered through the development period (and project) by learning transferrable skills such as leadership, peer research, and facilitation. |
| The Venture in Wrexham Partnered with Betsi Cadwallader University Health Board, Action for Children, Advance Brighter Futures, Art and Soul Tribe CIC, Association of Voluntary Organisations in Wrexham (AVOW/The Land), Bawso, Campfire Cymru, Contact Cymru, Flintshire County Council, D.A.F.F.O.D.I.L.S, Flintshire Local Voluntary Council (FLVC), North East Wales Carers Information Service (NEWCIS), North East Wales MIND, STAND North Wales CIC, The North East Wales Regional Community Cohesion Team, Wrexham County Council, and Wrexham Glyndwr University: | Wrecsam Wrexham | £1,372,439 | Bydd y bartneriaeth a arweinir gan The Venture yn cyd-gynhyrchu'r prosiect gyda phobl ifanc yn Sir y Fflint, Wrecsam a rhai rhannau o Sir Ddinbych rhwng 11-25 oed. Bydd y partneriaid yn ehangu’r grŵp gweithredol ieuenctid a fydd yn dylunio gweithgareddau ymgysylltu i alluogi pobl ifanc ledled y rhanbarth i gymryd rhan mewn cyd-ddylunio'r prosiect gan ddefnyddio dull Effaith Trwy Straeon. | The Venture led partnership will co-produce the project with young people from Flintshire, Wrexham and some parts of Denbighshire aged between 11-25. The partners will expand the youth executive group who will design engagement activities to enable young people across the region to participate in co-designing the project utilising an Impact Through Stories approach. |